Easter Fun Run success

16 April 2019

An eggs-sellent day was had by all at Headway’s fourth Easter Fun Run on Sunday (14 April)!

The event, organised by local brain injury charity Headway Birmingham & Solihull, was a sell-out, attracting 200 participants who ran, jogged or walk the 5k route through the woodland pathways of Cofton Park.

It was the first year that one of the charity’s clients had taken part, and Gurinder Singh, who ran with Headway’s Acquired Brain Injury Services Manager Becky Whenham, completed the run in fine style.

Sue Tyler, CEO at Headway Birmingham & Solihull, explained: “Gurinder was seriously injured as a pedestrian in a road traffic collision when he was a child and now attends Headway’s rehabilitation centre at Moseley Hall Hospital. While he recovered well physically, his cognitive ability was affected, leaving him with motivation issues and a lack of confidence to try anything new. Completing the run was therefore a big achievement, and one that will undoubtedly inspire others at Headway too. We are all really proud of him.”

All those who entered Sunday’s fun run received an Easter egg kindly donated by local supermarkets and an amazing Easter-themed medal thanks to generous sponsorship from Birmingham company Frenkel Topping.

Certificates & flowers were also awarded to the first male (Stephen Forcer) and female (Lauren Hevey) to cross the finish line, and to the winner of the best Easter-themed outfit (Christine Henshaw).

Stephen Farnfield and Tom Matthieson from Frenkel Topping presented the prizes to the winners – but only after completing the race themselves!

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Sue Tyler added: “The Easter Fun Run is growing year on year and is proving a lovely family friendly event for all to enjoy. This year’s run has also raised at least £2,000 towards our brain injury services and so thank you again to everyone who helped us achieve this.”

Visit [www.facebook.com/HeadwayBirminghamandSolihull](http://www.facebook.com/HeadwayBirminghamandSolihull) for a full gallery of photographs taken at the Easter Fun Run or [www.headway-bs.org.uk](http://www.headway-bs.org.uk) for more information on the charity’s brain injury services.

**Ends**

**Note to Editors:** *A final total raised will be issued once sponsorship money has been forwarded.*

**Photo Caption:**

1. *Gurinder Singh (right) with ABI Services Manager Becky Whenham at the start*
2. *Gurinder & Becky finish the race*
3. *The start line*
4. *The race gets underway*
5. *The winners!*
6. *First male, Stephen Forcer*
7. *First female, 12-year-old Lauren Hevey*
8. *Christine Henshaw, winner of best Easter-themed outfit at the Fun Run!*

**For more information**

Contact Julie Wedgbury in the Fundraising department at Headway Birmingham & Solihull at fundraising@headway-bs.org.uk or 0121 457 7541.

**About Headway Birmingham & Solihull**

Headway Birmingham & Solihull is a registered charity helping to improve the lives of those affected by brain injury in the local area. Its aim is to promote greater understanding of all aspects of brain injury and provide information, support and services to the person with the acquired brain injury as well as their family and carers. For full information, visit [www.headway-bs.org.uk](http://www.headway-wm-org.uk) .